

How to Complete a Folder for a Letter of Recommendation from
The Citadel's Pre-Health Professions Committee (PHPC)

1. Meet with the PHPC Chair to discuss the process of the [Pre-Health Professions Committee \(PHPC\)](#)
2. Contact at least 5 professors/mentors who know you very well and ask them to submit a letter of recommendation. Explain the Pre-Health Committee process to each of your referees and let them