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Some links in this packet will require updating as material becomes available over the summer.

Continue to check [A](#) [A](#)) [B](#) for links for updates to this and other important information.

Changes to the Success Packet

None

-YEAR LEADER DEVELOPMENT PROGRAM

The Citadel recognizes that developing into a Principled Leader is a lifelong process of education and experience that begins before matriculation and continues long after graduation. Recognizing leaders in all walks of life, students learn a

Knob year, the first year in the 4th Class System, is challenging, demanding, and difficult. Although it has evolved over the years, its purpose has remained the same since the first cadets reported in 1843. To succeed, one must prepare mentally and physically before reporting.

Mental preparation begins with the understanding that attending The Citadel is a personal decision – it is YOUR Decision. Begin preparing for Matriculation Day by studying the [Guidon](#). receive your hard copy of [the Guidon](#) until you arrive, you can start studying now using the [online 23-24 edition](#). Many items you will be required to recite from memory, such as the Cadet Prayer, Cadet Creed, Honor Code, Core Values and the Knob Knowledge that begins on page 104, do not change year to year.

Physical preparation includes arriving in shape (*as defined later in this document*) with the appropriate gear – including shoes broken in.

Although the System is demanding and difficult, the rewards are considerable and more than justify the effort. Upon recognition by the upper-class cadets in the spring of *knob* year, a better person emerges. This person is mentally, morally, physically, and spiritually prepared to accept the responsibilities of 0 032.98 Tme12m 0 1 180.14 557.11 Tm0 g0 G[(in)-11(c)4(ludi)-3(ng)] TJETQq0.000

We all must be mindful of the behaviors that can be destructive to the morale of individual

Students and employees are not required to provide additional information about an incident or participate in a college investigation in order to receive services and support. Our goal is to provide all individuals with information on reporting options so they can make an informed decision.

If you experience some sort of sexual harassment, sexual misconduct, or discrimination, the

lot of marching that week, which is tough by itself with heat and humidity. Adding a box to what you must already carry will make it even more difficult. Letters, though, are welcomed from Day 1.

If you intend to ship your gear early, the warehouse will reT/]7hfvie(thse btype)3us ofs(himentis)] TJETQq0.00

Bedding: All cadets are required to furnish their own bed linens except for the bedspread and blanket, which will be issued.

- Four [4] white, *non-fitted* sheets for a regular size single (twin) bed mattress. You may use regular or extra-long sheets. Additionally, we do not recommend purchasing very expensive sheets as some will end up as banners. Save your money for sophomore year.
- One [1] standard sized pillow
- Four [4] white pillowcases
- Cadets are issued one plastic mattress cover at cost.

Toiletries - cadets will want to bring all toiletries they use to self-groom. Additionally, males will need to have plenty of razors and females will need items to keep hair in place. See [Annex D](#) for more information. Again, storage space is limited so do not bring large quantities.

School supplies - cadets will each be assigned a desk that can be filled with any item you might foresee using for a class including but not limited to pens, paper, a ruler, and a stapler. We recommend thinking back to previous school supply lists from high school.

Footwear make sure you break in your shoes before reporting. Also bring any items you may need to treat or prevent them from forming. For the specifics on footwear, [See Annex B](#)

Additional items for female cadets:

- Five [5] white, beige, or skin-colored regular bras

you pay each semester, there is no charge for using the computer labs, printers, campus network, or internet access. However, our students are required to bring a laptop as it is needed for many in-class assignments and virtual classroom work embedded in the curriculum. In addition, students who are taking online or hybrid courses will need a computer to complete their coursework. For more information on computers and recommendations, please see our Information Technology Services webpage at <https://www.citadel.edu/root/computer-recommendations>.

- Alarm clock

The Citadel provides the mattresses, but not the sheets. Blankets and bedspreads are included in your initial outfitting items. Cadets shipping their belongings to the college must bring with them two sheets for a regular size mattress, one pillowcase, and pillow for use until they can access their belongings.

When you report, you will receive an initial set of uniforms and various items you will need to support your first few weeks of training. These items such as uniforms,

Annex B

Shoes & Boots Information

Please take the time to carefully read this entire section.

Of all the items you bring with you on Matriculation Day, the most important items to your success are your shoes. Proper fitting footwear that has been broken in is critical. What you wear on your feet can make or break the first few weeks of the overemphasize the importance of **reporting with properly fitted footwear (*boots, dress shoes and running shoes*) that have been broken in.**

The first step in getting the proper shoe is getting your feet measured at a reputable shoe store.

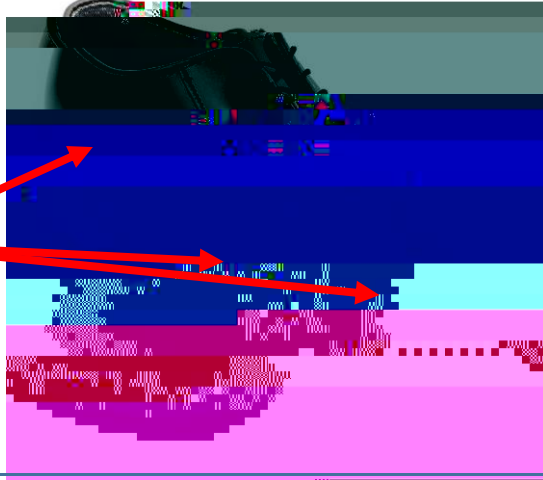
All cadets must bring:

Two [2] pairs of military dress

Authorized Shoes

When choosing a shoe, make sure you first get a good measurement of both feet at a reputable shoe store, especially if ordering your shoes online. Next, the shoe needs to be **leather** with **minimal stitching** like the sample shown below.

Note, there is no stitching on the back side below the ankle, middle or on the toe of the shoe

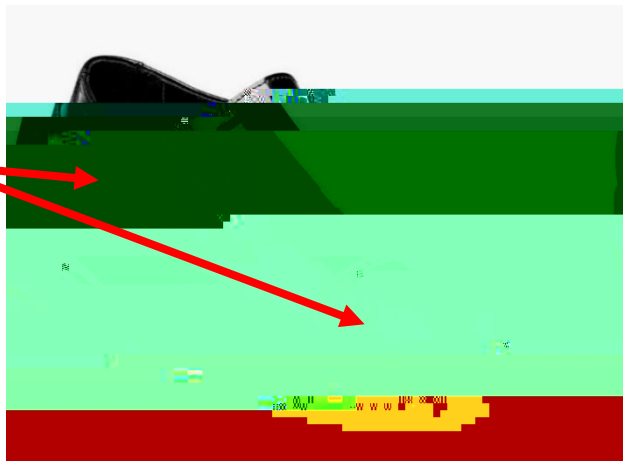


If you are unable to find that model, we *have authorized* the shoe below with the added stitching shown by the red arrow.



Unauthorized Shoe Do Not Purchase The Shoe Below!

Stitching on the area below the ankle and toe ***is not*** authorized.



BOOTS

Cadets will require a pair of military style boot, **color Coyote Brown** with no zipper or visible brand marking tags. Like the military dress show, make sure you order them early and break them in before reporting on Matriculation Day.

You can find boots that fit this description online and at stores that serve military bases. Just make sure they meet the specifications in the previous paragraph. You are also welcome to purchase your boots during a visit to campus at the Cadet Store or order them online from our vendor and take advantage of our discount code provided in the instructions below:

To order from our vendor:

- Go to the Belleville website (www.bellevilleboot.com) and locate the search tool (magnifying glass) in the top right side of the page.
- **Hot W** . This will take you to the boot and show it at the \$164.99 price.
- Click on the boot image and select the size and width needed. Remember, before ordering make sure you have been properly sized at a reputable shoe store.
- **C**
- **S** -out.
- Scroll down to the area that asks, *Select if you have a coupon code* code CITADEL to reduce the cost of the boots from \$164 to \$130. Shipping within the continental USA is included.
- To complete the order, enter your name, shipping address, and credit card information.

You will also require six (6) pairs of Dri-Comfort Combat Over-the-Calf Padded Leg Boot Socks **color: Coyote Brown**. These may be purchased at the Cadet Store or online at <https://www.jefferiessocks.com/1203-dry-comfort-combat-boot-sock-2-pk>

Contact the Cadet Store at 843-953-5166 if you have any questions concerning the boots and socks.





A NOTE FROM THE CADET STORE ON BOOTS AND SHOES

A well-fitting shoe can have a profound impact on your experience at The Citadel. Before buying your shoes and boots, we strongly encourage you to have your foot measured by a reputable shoe store to get a proper fit and avoid any foot problems later.

The Cadet Store on the Citadel campus sells *Belleville* boots and Altama Mil-Spec Oxford military dress shoes as shown in the previous pages. If you are in the area, you are welcome to come to the Cadet Store and purchase them here.

Over the past few years, we have collected the following information from our shoe representatives who we believe are helpful in making sure you have a good fitted shoe:

Uniform shoes of good quality, come in both sizes and widths.

The most important indication of a proper fit is when the widest part of the foot is positioned in the widest part of the shoe. People with long toes will have less room in the end of the shoe than those with short toes, but your toes should never touch the end of the shoe.

Nearly everyone has one foot that is larger than the other. It is best to fit the larger foot. Trying on both shoes and walking in them allows you to decide how they will feel once you leave the store.

Lace shoes with the traditional crisscross pattern. Adjusting the laces by working the slack out from the bottom toward the top will improve the fit. A properly laced shoe keeps the foot properly seated in the heel.

Two basic causes of sore spots and/or blisters on the feet are friction and constriction. Improperly fitted shoes make your feet hurt.

Insoles provide a bit of a lift and should solve the problem of rubbing against your ankle.

Always take the time to untie your shoes. Removing shoes by stepping on the heel and removing them without untying breaks down the heel counters. Once the heel is broken, it tends to rub against the back of the foot.

Using care in putting your shoes on prolongs their life and increases your comfort. If your shoes are untied, you can put them on without squashing down the back of the shoe, pushing down the tongue, or forcing your feet into a narrow opening. It is best to guide your heel with a shoehorn or fore finger.

A shoe sets to fit a particular foot once worn. Wearing loaners or hand-me-downs can lead to problems.

Our goal is to providing the best services and uniform needs to our cadets and staff. You are welcome to take advantage of our experience by purchasing your uniform footwear at the Cadet Store before matriculating. If you have any questions about any of the items, please feel free to call us at (843)-953-5166/843-953-4809, Monday Friday, between the hours of 9AM and 3PM. We do close during the summer for inventory, holidays and Fridays during the summer four-day workweek. We will also be working out of the Tailor Shop this summer as the store goes under renovation. If you intend to visit, please call when making your plans to ensure we will be open.

Thank you and welcome to The Citadel Family!

The Citadel Cadet Store Staff

ANNEX C
PHYSICAL FITNESS INFORMATION
PHYSICAL CONDITIONING

The first weeks of training at The Citadel are very physically demanding for a new cadet. It is *imperative* cadets be physically fit prior to reporting to The Citadel. *Only those who have spent their summer properly preparing themselves will be able to meet the training requirements.*

**YOU MUST BE ABLE TO RUN TWO MILES, EVERY DAY,
AT A NINE MINUTE PER MILE PACE OR BETTER.**

. . . if not, you will not be able to keep up with your classmates during morning PT and company formation runs with the rest of your company.

At this point, you should have completed your physical and received medical clearance from The

to your estimated body fat percentage, which provides a more accurate figure for determining proper body composition than height/weight charts. If your physician recommends weight loss,

Generations of cadets before you have faced many of the same challenges you will encounter. Here are some words of wisdom from other cadets:

Academics

1. Remember academics always come first; focus on your grades as good grades are your ticket to privileges!
2. Practice good time management and make a schedule.
3. Use an agenda/calendar/planner to mark important dates and assignments.
4. -do lists; consult the syllabus.
- 5.